A LIFESTYLE MAGAZINE FOR VIRTUOUS WOMEN
The Godly Womans Guide.org™
FALL/WINTER 2018
THE POWER OF HOPE
HOW TO STUDY THE BIBLE
HOW TO GET RID OF UNWANTED POUNDS FAST!
FAMILY MATTERS: URGENT! PARENTING 101
LETTING GO AND LETTING GOD
APPLYING MAKEUP FOR DAYTIME AND WORSHIP

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The Godly Woman's Guide: Spiritual Devotion and Inspiration for Women

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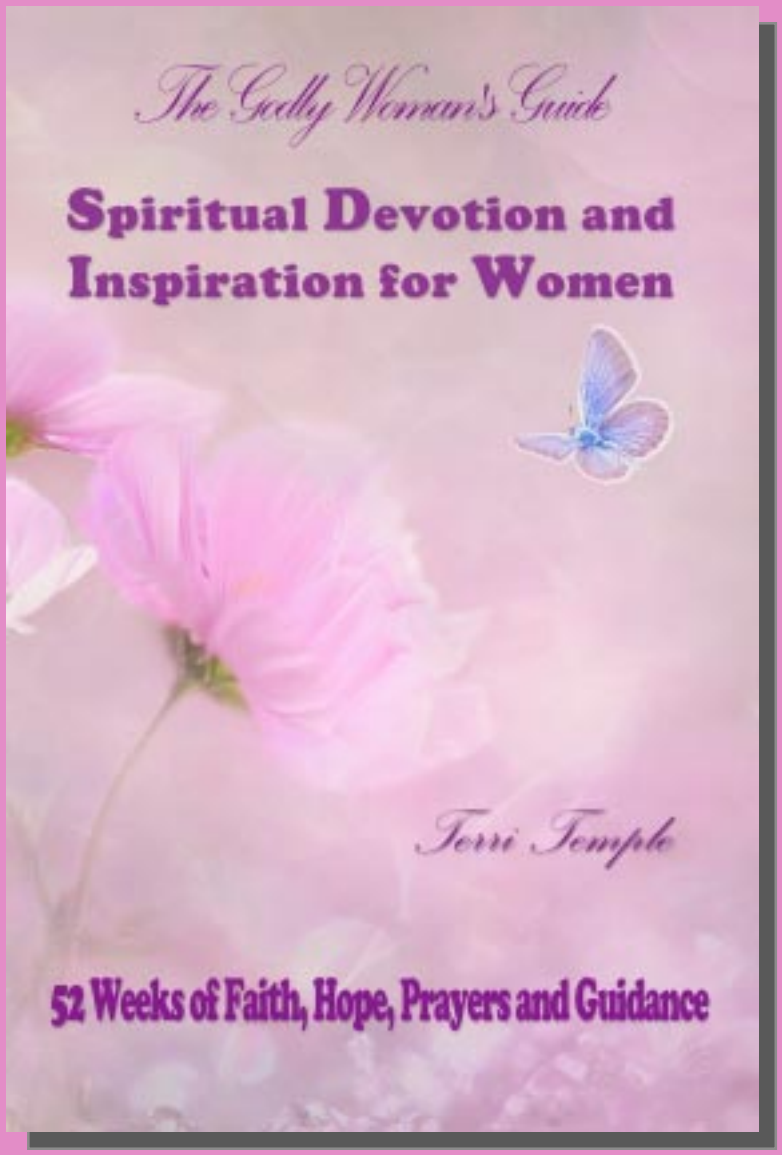

Includes Terri's Most Popular Articles from her WIN

(Weekly Inspirational Newsletter)

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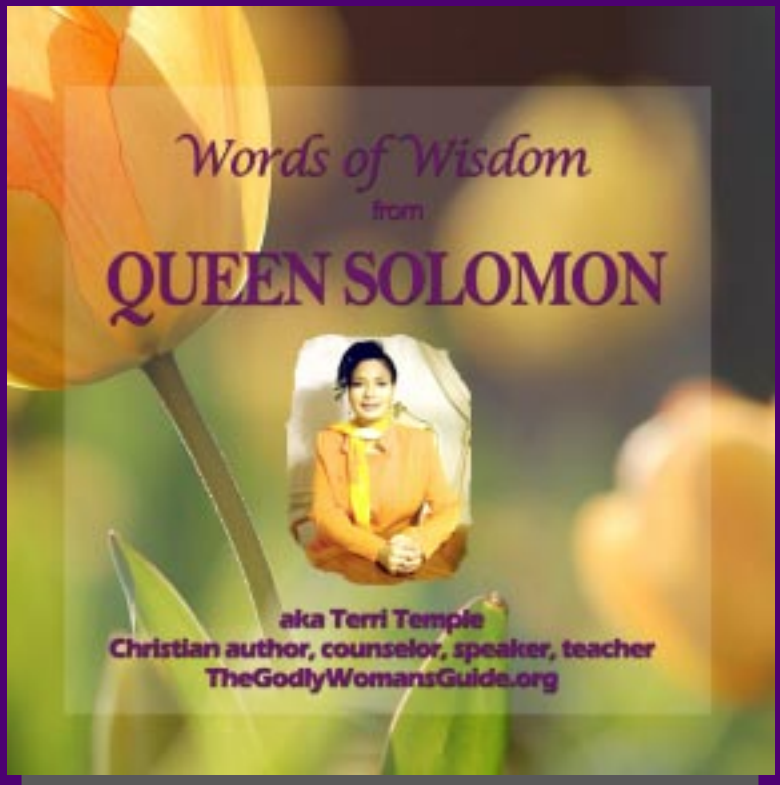

Words of Wisdom From Queen Solomon

Includes Terri's popular poems and biblical insights that will comfort and encourage you and enhance your life and spiritual experiences.

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...AND BECOME A POWERFUL WOMAN OF GOD IN ALL AREAS OF YOUR LIFE!

The Godly Woman's Guide magazine will fill you full of faith, hope, and love and spiritual insight that is vital to being a powerful godly woman.

SUBSCRIBE TODAY SO YOU'LL RISE AND STAY ON TOP

PRAISE FOR THE GODLY WOMAN'S GUIDE WOMEN'S MINISTRY, BOOKS, MAGAZINE, ETC.

"Thank you, sista! I have been falling short but thank God for mercy and forgiveness and for your help to us Christian women to continue on the narrow road. God bless you!"
~April

"You know when I watched this lesson [regarding Terri's study on *Keys to Having a Gentle and Quiet Spirit*] a few weeks ago I didn't think I walked away with anything because I was looking for something specific....You didn't have booming voice or the Iyanla Vanzant approach which is what I thought I needed. I had really been struggling with what it means to have a gentle and quiet spirit and you are a perfect example of that. Although I don't know you personally, I can see the Holy Spirit in you and I see how things you did share about yourself really resonated within me. It took a bit but God really started to minister to me and so I wanna say, thank you!...Now I can go back and listen to this again and really receive what God has for me." **~Joy**

"Excellent message, sister. [Regarding Terri's lesson on The Benefits of Submitting to our Spouses." **~Venu**

"Dear Terri, you are so great! I love your channel." **~Eva**

"You are one of my heroes." **~Keysha**

"I love to listen to your study of God's awesome Word. Bless your voice for being a gentle and kind, sister! Much love!" **~Ana**

"Yaaaaay! Terri's back in the house! Praise God! Sis, you are looking great! I so look forward to seeing more of your videos in 2018." **~CelibateNLovingIt**

"Thank you for the message, sister. [regarding Terri's lesson on *How to Be Celebrate Celibacy and Remain Pure*] I am always encouraged by your honesty, frankness, and positivity." **~Sharett**

"Thanks sis! This is awesome, great one! (regarding Terri's lesson *How to Love God with All of Your Heart*] So many people need this! I love it!." **~Aida**

EDITOR'S PAGE

Hello, ladies! Since being a devout Christian, I have come to realize that not much is greater than having hope. It mixed with faith is what we need to keep us spiritually strong as Christians and godly women.

Therefore, in this edition our sister in Christ Alwanda Carothers penned us an article, *The Power of Hope,* to help keep us strong and our spirits up. **(Page 12)**

There are more than a few things God desires for our lives as his children and one of them is reaching spiritual maturity. So thank God he sent Dr. Wyveta Kirk, also our sister in Christ, who submitted one of her writings titled, *Walking Our Talk*. **(Page 32)** I really enjoyed reading it (and hope you do too) and plan to make sure that I am steadfast in practicing what I preach.

For the last several months I have been working on my physical health. It is something we all need to do on a regular basis. But sometimes we let ourselves go. Why? None of us are infallible as was Christ. So in this edition I share with those of you who are imperfect like myself, especially in this area, tips to help you lose weight and get in shape, as I have done. **(Page 19)** One quick tip: utilizing my *Spiritual Boot-Camp* helped me a lot to reach my goals.

"Not much is greater than having hope. It mixed with faith is what we need to keep us spiritually strong."

I have created more resources for you to help you reach the same spiritual goals that I have. These include my favorite how-to CD's from my live devos: *How to Let Go and Let God* and *How to Study the Bible.* If you missed my live devos you do well to invest in yourself and add them to your spiritual library.

Finally, I finished compiling the articles from my WIN (Weekly Inspirational Newsletter) into an ebook, and soon to be printed book, *Spiritual Devotion and Inspiration for Women: 52 Weeks of Faith, Hope, Prayers and Guidance.* If you have been blessed by my women's ministry this is one book you'll want to have in your spiritual arsenal.

Overall, I hope this issue is a blessing to you for that is my intention. God bless you and keep you. I love you! Stay in touch.

Genuinely,

Terri

Terri Temple
The Godly Woman's Guide

P.S. Before I go, don't forget to watch my new series on my Youtube channel titled, *A Few Moments of Faith*. It is broadcast each Tuesday and will help you soar spiritually!

- *Hear From God*
- *Learn to Be More Faithful*
- *Gain Discipline and Self Control*

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INSPIRING PROVERBS AND QUOTES

"Now then listen my children, listen to me: blessed are those who keep my ways. Listen to my instruction and be wise. do not disregard it. Blessed are those who listen to me watching daily at my doors, waiting at my doorway. For those who find me find life and receive favor from the Lord. But those who fail to find me harm themselves; all who hate me love death." (Proverbs 8:32-36 NIV)

"Blessed are those who fear the Lord, who find great delight in his commands. Their children will be mighty in the land; the generation of the upright will be blessed. Wealth and riches are in their houses, and their righteousness endures forever. Even in darkness light dawns for the upright for those who are gracious and compassionate and righteous. Good will come to those who are generous and lend freely, who conduct their affairs with justice." (Psalm 112:1-5 NIV)

Get Terri's New Weight Loss Book for FREE,

How God Would Lose Weight if He Were a Woman

Order today at TerriTemple.org

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**Limited time offer for the ebook version only valued at 8.00 USD. This offer is for a pre-order of the ebook, How God Would Lose Weight if He Were A Woman to be published on or before 1/1/2019.*

The Power of Hope

by Alwanda Carothers

If you're seen the movie Shawshank Redemption, it will help you to see how this article can provide hope for you.

Think back. You remember the characters of Red played by Morgan Freeman and Andy played by Tim Robbins? If you do, Red had been in prison for 50+ years—since he was a teenager—for a murder he committed, and Andy had been in prison 19 years for a murder he did not commit. These years included some unbearable moments for these two men, but they didn't let their situation stop them from building and having a strong friendship.

These years, tough as they were, inspired a determination of hope within one man and hopelessness in the other. They both held onto something while waiting for an outcome that was uncertain. One held onto the hope of freedom—which he didn't know when—while the other held on to the hope of freedom that could very well come by death while behind bars, which he didn't know when.

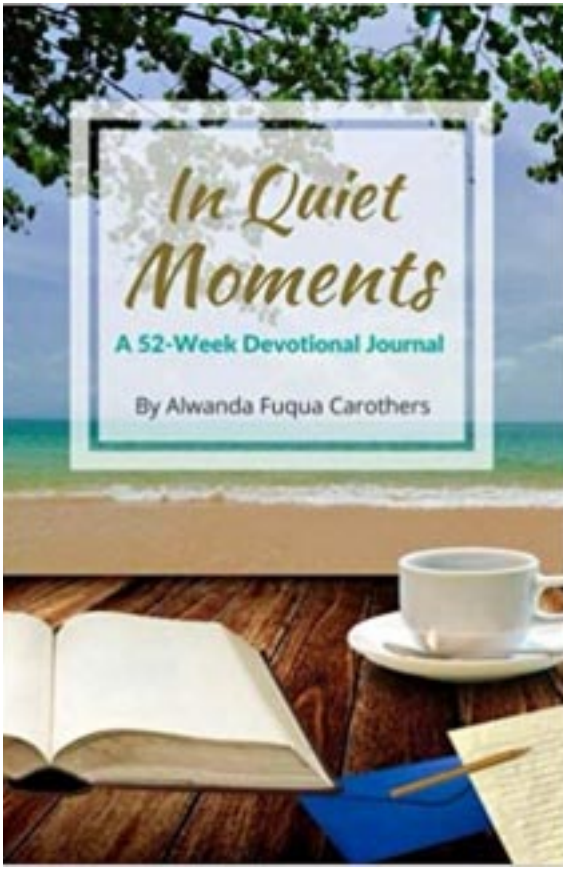
Nineteen years went by and during those years Andy was calculating and mastering an ingenious plan to escape imprisonment and the torment that came with it. While silently and patiently waiting to carry out his ingenious plan to escape, he had a conversation with Red. He didn't share his plan with anyone but, he gave Red step-by-step instructions of what to do when he was released. He gave the instructions only once, expected him to remember them, and to follow them.

Andy spoke these words not doubting that the day of Red's release was going to be a reality; however, he did not know when.

Well, the morning came when role call was sounded and Andy didn't answer. He was gone! He had carried out his ingenious plan of escape and Red was left behind. But Andy left him with hope—words of promises which would help Red get through uncertain days ahead. Some time when by and the day came, Red was sitting before the parole board again and to his surprise, his papers were stamped approved and he was finally released.

One day the longing for his friend sparked the memory of the instructions Andy had given him. Because he was on parole, he had some reservations about following the instructions but faith and trust in the worlds of his friend he got up the courage to follow through. He left his job, got on a bus and began his uncertain journey with courage and great anticipation.

Just like Andy was the source of Red's hope, God is the source of the Christian's hope. There are uncertain days ahead of us, but the hope we have is in what God has promised. That hope which is the anchor of our soul (Heb 6:19). It helps us live out our uncertain days that are filled with trouble and all sorts of trials, tribulations and sufferings, but we get through them with confidence—looking forward to all God has promised us while in this world and after we leave it.



Check out this delightful book *In Quiet Moments* by Alwanda Carothers at Amazon.com.

What is our hope? Our hope comes from the faith we have in God and what He has promised his children. Hope to live peaceably (Rms 12:18). Hope of the resurrection of the dead (Rms 8:23-25). Hope of eternal glory life and inheritance of the saints (Titus 3:5-7). Hope of the mansion waiting that is not built with hands (John 14:2-3). Hope to see the street of gold and clear crystal, and the gate of pearl (Rev 21:21).

Red trusted Andy's words which were uncertain. We trust God's word because it is certain, unfailing, and true.

Shawshank Redemption is a powerful example of what hope can do for a man. How good and confident it make's one feel no matter how bad the environment might be, hope gives one the courage to look beyond that and right into the future of uncertainty with anticipation and excitement.

In Luke 18:35-43, a man sought out Jesus because he was blind and wanted to see. This man had uncertain days ahead, but he hoped to see things and people he longed to see all of his blind days. He had hope of what was to come and anticipation of how his life was going to change. God healed him and the hope he held on to, became a reality. God is our hope and our salvation. If you haven't' seen Shawshank Redemption you may want to add it to your movies to see list. I'm going to leave you with the words of Red which should be the words of the Christian: "I find I'm so excited that I can barely sit still or hold a thought in my head. I think it's the excitement only a free man can feel (we are free in Christ). A free man at a start of a long journey whose conclusion is uncertain. I hope I can make it across the border. I hope to see my friend (Christ) and shake his hand. I hope the Pacific (Heaven) is as blue (beautiful) as it has been in my dreams (heart). I hope."

Alwanda Carothers is the author of *In Quiet Moments: A 52 Week Devotional Journal.* She is also a foreign missions worker, along with her husband who is also a deacon in the church. She worships a the church of Christ in Nashville, TN and is the mother of two daughters. **Learn more about her online @ *Fit for the Master's Use* on Facebook or order her book on Amazon.com**

Finding Stability With Your Emotions

"Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your request be made known to God. And the peace of God, which surpasses all understanding will guard your hearts and minds through Christ Jesus." (Phil. 4:6-7 NKJV)

Emotions can be a good thing when life is going good but what about when it is not going so good? We all enjoy (or suffer from) emotions because we are human. But what causes negative emotions, the ones we do not enjoy?

I decided to compile a list of them because I do not like to be controlled by anything including my emotions. I believe that if we know what causes negative emotions, especially the destructive ones, we will be better able to analyze them then ignore, control, discipline, or delete them as necessary. This will prevent them from dominating or destroying our lives.

So whenever you feel a negative feeling creeping up on you and it is not easy to shake off, use this list to help you get rid of it so you can be set free. (This list is not intended to be all inclusive).

• When we feel ANGER it is usually caused by fear, hurt feelings, broken heart, rejection, and or a lack of reliance on God.

• When we feel IMPATIENCE it is usually caused by a lack of trust in God, greed, fear, and or busyness (doing too much).

• When we feel DEPRESSED it is usually caused by fear, hopelessness, lack of trust in God, imbalance in hormones, and or the need to eat right and exercise.

• When we feel JEALOUSY it is usually caused by fear of not getting what one desires or feels one deserves, insecurity, lack of self-worth and or low self-esteem.

• When we feel BITTER it is usually caused by thinking one has lost or missed-out and or a lack of trust in God and his love for oneself.

• When we feel HATRED it is usually caused by pride, feelings of superiority or inferiority, lack of humility, and or greed.

• When we feel GREED/SELFISHNESS it is usually caused by fear and a feeling that there is not going to be enough for oneself and or a lack of trust in God and his sufficiency.

• When we feel ANXIETY it is usually caused by fear, impatience, lack of faith in God, busyness, and or the need to eat right and exercise.

• When we feel FEAR it is usually caused by a lack of confidence or faith in God's love and care of oneself and or a lack of study and or obedience to the Word of God.

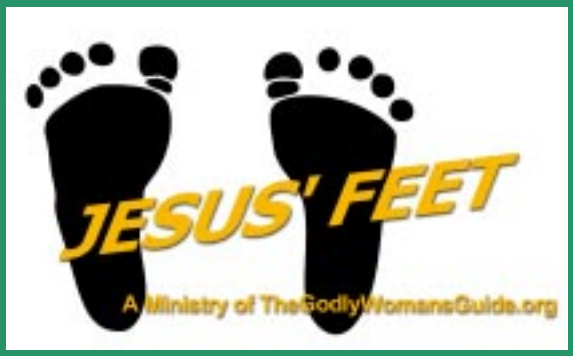
Ladies, as we should be able to see, trusting in God and drawing nearer to him, is the solution to all of our negative emotions. We can increase our trust and faith in him by study and application of his Word and by remembering how he has blessed us and come to our aid in the past. This is why I encourage all who follow my women's ministry to get a prayer and insight journal and to write down (at least once a day) your prayers and blessings as they come to pass and to review them on a regular basis.

In summary, when negative emotions are sent our way, we should ask ourselves why we feel the way we do. This is where this list will benefit us and help us to find the answer so that we can put the devil in his place and gain control of our flesh instead of allowing it to get the best of us. (Gal. 5:22-24) Afterwards we can go to God in prayer and ask him to purify our hearts and to help us alleviate these negative feelings from our minds, and out of our lives, so that we can be bountifully blessed and full of love, joy, and peace.

Ladies, do not allow anything destructive to remain in your life. Yes, some negative emotions such as guilt can serve a good purpose such as to help us repent and draw closer to God. Yet, overall, God wants the best for us and negative emotions (that usually do not serve a good purpose) are not from him. Therefore, we do well to eliminate them from our lives. We can successfully do so with God's help, and by focusing on his promises. He is love and loves us and always seeks our best. **TGWG**

PLEASE HELP US HELP STARVING CHILDREN

Our current project is in Haiti helping children who sometimes have to resort to eating mud pies.



***Jesus' Feet* is a sister ministry of *The Godly Woman's Guide* founded by Christian author, Terri Temple.**

The mission of Jesus' Feet is to help feed and clothe desperate widows and children and the most needy around the world. We are able to do this with the help of godly women such as yourself. Please consider giving a donation today. Thank you!

You may make a donation @ www.thegodlywomansguide.org or mail your donation to: The Godly Woman's Guide, 5892 Losee Road, Suite 132 #165, N. Las Vegas, Nevada 89081.

MAKEUP FOR DAYTIME AND WORSHIP SERVICE

This look is perfect for worship service, and even for work. It will have you looking refreshed and youthful not overdone or seductive.

- Start with clean, exfoliated, and moisturized skin.
- Apply BB cream (beauty-balm) all over your face with your fingers.
- Now apply a light concealer on dark areas and where needed. (Usually underneath your eyes and on chin and forehead unless they are prominent, and blemishes).
- Now fill in your eyebrows using an eyebrow pencil. (Use a shade lighter than your eyebrows for a natural look).
- Now choose a bronzer or light blush that matches your top or outfit.
- Using a medium sized brush smile and dab or sweep it on your cheeks and across your eyelids. Then dab a little on your temples.
- Now apply one or two coats of mascara to your top eyelashes only. (If you are over forty choose a brown shade).
- Lastly, apply a neutral shade of lip gloss or lip balm to unlined lips and voila!

EXTRA TIPS:

• If you have oily skin, omit moisturizer since the BB cream has moisturizer in it and lightly apply loose powder to your oily areas.

Look for my video for this makeup application on my Youtube channel, coming soon! **TGWG**

How to Clear up Acne Naturally

• Keep your skin squeaky clean. Use a Terry-cloth or buff-puff for deep cleansing.
• Use oily products with caution.
• Never go to sleep with makeup on.
• Wash face immediately after wearing sunscreen.
• Change your pillowcase weekly.
• Make sure hair products do not transfer to or remain on your skin.
• Use organic or natural products especially if you have sensitive skin.
• Avoid or limit sugar and processed foods including candy, soda, and fast food.
• Use a comedone expressor to release the inside of a pimple. Never use your fingernails as it may cause scarring.
• If your acne persists, check with a medical doctor to see if you have allergies to certain products or medications or to see if you have an underlying illness which may cause acne.

I learned many of these tips and more in modeling academy. You can find more beauty and health tips for losing weight and staying in shape on my Youtube channel TerriTemple.

Watch Terri's Youtube Channel and Be Inspired to be the Best You!

Visit today and be encouraged by Terri's new series, *A Few Moments of Faith*; see how she lost weight and much more! New videos uploaded each Tuesday and Thursday afternoon.

NATURAL/HERBAL GOD-GIVEN REMEDIES

"Fruit trees of all kinds will grow on both banks of the river. Their leaves will not wither, nor will their fruit fail....Their fruit will serve for food and their leaves for healing." (Ezek. 47:12)

HOODIA

Hoodia is an appetite suppressant grown in southern Africa. It is manu factured and sold in liquid, powder, tablet, and capsule forms. To date, there are no major side-effects reported with its use. It has been on the market in the USA for over a decade.

Normally I do not use dietary or weight loss supplements unless they have been on the market for at least a decade. This is mainly due to them having severe side effects. However, as we get older it is harder to shed unwanted pounds. So I decided to give Hoodia a try since it had been on the market for several years and no major side effects have been reported about it. e.g. heart troubles, death.

I read somewhere a few years ago that Hoodia worked yet I was still somewhat keptical due to some negative media surrounding it. But I had nothing to lose but weight. So I gave it a try and was pleasantly surprised. It worked excellently to control my appetite and with no major side effects, at least not for me!

The Hoodia I purchased was Hoodia Cactus Stem in liquid form. It is an elixir made by *Cedar Bear Naturals,* a trusted brand. I thought it would be bitter yet it is extremely sweet and easy to take. Today, I take Hoodia only when I absolutely am having the hardest time controlling my appetite and cannot stop snacking. This doesn't happen everyday only when I feel a lotof pressure or stress, as we all may from time to time.

So if you are trying to shed some weight I encourage you to give Hoodia a try. I personally take it only as needed. I do not recommend taking it on a daily basis but doing those times when you seem to be unable to stop snacking. Some of the minor side-effects I had, mainly when I first took it, was sleepiness, lowered blood sugar and nightmares. So this is one reason I say you may not want to take it everyday. But other than this I had no problems and it did effectively curb my appetite, exactly what I wanted it to do. **TGWG**

PLEASE NOTE: Do your own research on herbal medicines and check with your doctor before ceasing or beginning any prescribed or over-the-counter medications, especially if you have any type of health ailment. I am not a medical doctor but I prefer and utilize herbal medicines after taking care to research them. Also, some herbal medicines may cause blood sugar levels to drop or rise, so be careful with them, especially if you have diabetes or low blood sugar. As for those herbals that do cause changes in my blood sugar, I take them sparingly or with food.

How To Get Rid of Unwanted Pounds!

PLUS How to Keep it Off!

Ladies, if you would like to drop a few pounds you have come to the right place. I have almost reached my weight loss goal (within 10 pounds) and you can too. But first let me tell you what happened!

In 2011, I lost over one hundred pounds. However, sadly I had to have surgery only a couple of years after reaching my weight loss goal and so I put almost half of the weight back on! One of the reasons the weight came back on was due to the operation causing my hormones to fluctuate out of control. But on top of that, while on one of my spiritual boot camps, that I utilize to help me lose weight, I had developed an acute kidney problem due to my unknowingly drinking impure water. Those health problems mixed together made it nearly impossible for me to lose weight and to be ableto keep it off. But with God all things are possible and the devil is a liar!

Perhaps, needless to say, with God's help, plus hard work, perseverance, experience, and wisdom I was finally able to lose weight and reach my weight loss goal once again. Glory hallelujah!

So, if you would like to lose weight, especially if you are thirty or over or have diabetes, I sincerely encourage you to go to my Youtube channel and watch my *free* videos on how I finally lost the weight and more importantly, how to keep it off. Whatever you do, do not stay stuck in any situation that will cause problems for your health, including being overweight.

***How God Would Lose Weight if He Were a Woman* by Terri Temple**

Because God gave me the strength and the wisdom to lose weight and how to keep it off, and because I am a godly woman, I want to share it with you and with other women who also may be struggling with weight loss. So, I decided to write a book on the subject. In it you will find all the details on how I lost over one hundred pounds and how to keep it off, so you can too! So yes you can lose the weight and keep it off. I will show you how and encourage you along the way.

For a limited time everyone who spends or donates a minimum of $30.00 on my website will get the ebookversion for FREE! Shop now at **TerriTemple.org** and invest in yourself for a change!

WOMEN OF THE BIBLE

"Who can find a virtuous woman? For her price is far above rubies. Many daughters have done virtuously, but thou excellest them all. Favour is deceitful, and beauty is vain: but a woman that feareth the Lord, she shall be praised." (Prov. 31:10; 29-30)

BATHSHEBA

Bathsheba's story shows that little wrong decisions often lead to big mistakes. She may have been rash in bathing where she might be seen but it was too late. Overtime she must have been devastated by the chain of event's caused by her lack of insight--unfaithfulness to her husband, death of him, discovery of her pregnancy, and death of her child.

From her life we see that little, day-to-day choices we make are very important. They prepare us to make the right choices when the big decisions come. The wisdom to make right choices in small and large matters is a gift from God. Understanding this should make us more conscious of the decisions we make and more willing to include God in our decision making.

Overall, God forgave Bathsheba and king David yet they still had to live with the consequences of their sin.

Thinking of Bathsheba and the mistakes she made, do you include God in all your decision making and ask him for wisdom and insight? **TGWG**

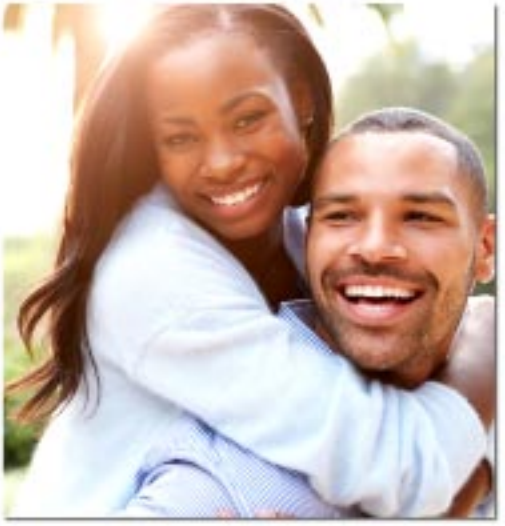
Strengths, Accomplishments, and Lessons from her Life

- Became influential in the palace alongside her son, Solomon
- Was the mother of Israel's wisest king and the ancestor of Jesus Christ
- A sin may seem like one small seed, but the harvest of consequences is beyond measure
- Although we may feel caught up in a chain of event's, we are still responsible for the way we participate in those events

"When Uriah's wife heard that her husband was dead, she mourned for him". (2 Sam. 11:26 NIV)

~Portions excerpted from the Life Application Study Bible notes.

LADIES, YOU CAN SAVE YOUR MARRIAGE!



DON'T GIVE UP ON YOUR MARRIAGE. GET ALL THE QUICK TIPS YOU NEED TO SAVE YOUR MARRIAGE IN THIS DVD FROM BELOVED SPIRITUAL COUNSELOR, TERRI TEMPLE

According to Matthew 19:6, God wants us to save our marriages but that is many times easier said than done. However, with the godly advice of Terri Temple, a popular and beloved Bible-based counselor and minister to women, it becomes possible.

In this video, Terri will tell you how she was able to save her marriage of three decades (with God's help) and how you can do the same.

Today, Terri has the marriage of her dreams and you can too because with God all things are possible. (Matthew 19:26)

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www.TheGodlyWomansGuide.org

How to Study the Bible

*"Study to shew thyself approved unto God, a workman that needeth not to be ashamed, rightly dividing the word of truth". (*2 Timothy 2:15)

The other day I was watching a religious program on Youtube, some thing I frequently do. It reminded me of how much I love to read the Word of God. It also reminded me that not everyone knows how to study the Bible and how to rightly divide it so they can get an accurate understanding and application. Yet it is a huge blessing to know how-to study the Word of God.

Watching that program also reminded me that many years ago I did not know how to read the Bible. I was not raised in church and so never was taught. But one great day while struggling with family problems and trying to read the Bible I cried because I could not understand any of it. It was all Greek to me. But God heard me and saved me. Only a couple of years thereafter, God led me to someone who invited me to the Lord's church. There I was taught correctly how to read and study the Bible. This led me to having a great understanding of God's Word and my life has never been the same. So if you do not know how to study the Bible you are not alone. Many do not even those who attend church services on a regular basis. But it is never too late to start to learn how to read God's Word.

Now I will share with you a few of my personal quick tips for studying the Word of God from my *Women's Weekly Devo* CD: These tips I am sharing are not all inclusive yet they have worked wonders for me over the last twenty to thirty years and I believe they can also be a blessing to you when applied:

- Pray each time before you read the Bible. Ask God to give you wisdom and discretion of his Word and a heart to obey and follow through.
- Read the Bible as you would a novel starting in Genesis finishing in Revelation.
- When you come across words you find hard to understand look them up in a Bible dictionary.
- Make sure you are a member of a Bible-based church that accepts the Word of God as the final authority.

So, there you have it ladies, quick tips to studying the Bible. If you would like more tips and more insight on how to study the Bible, I sincerely encourage you to get a copy of my *Women's Weekly Devo Live Lesson on CD: How to Study the Bible.* It is available on my web site. Get yours today!
TGWG

Quick Bible Facts

- The authority of the Bible is implied by its title, *the Word of God*. It is the written record of the Word of God which came to prophets, apostles, and other spokesman and which became flesh in Jesus Christ. (John 1:1)

- The Words in the Bible were originally written thousands of years ago on animal skin or papyrus, a type of paper manufactured from a reed plant that grew in the Nile Valley.

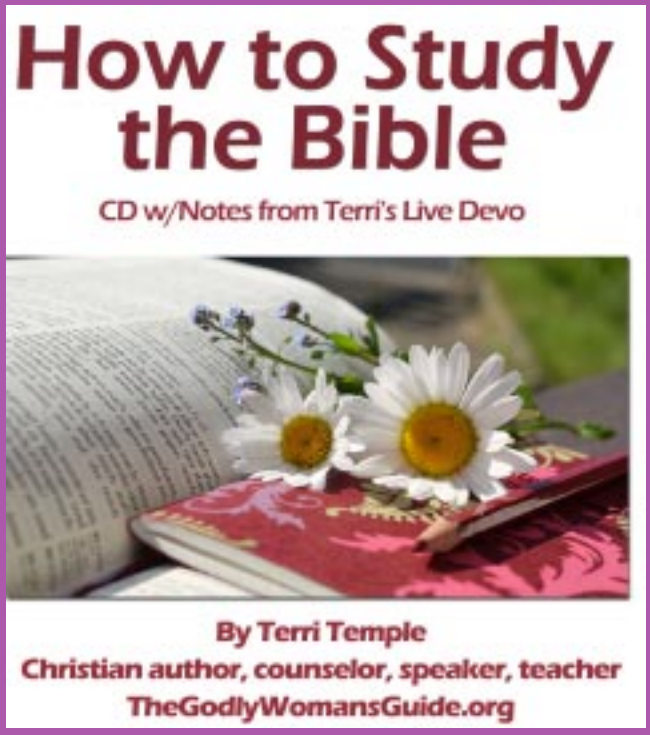
- None of the original biblical documents referred to by scholars as the original autographs has survived the elements of time. No actual parchments or papyrus has been discovered. However, before the original documents disappeared they were copied. These copies of the original writings are the texts on which current translations of the Bible are based.

- The Canon of the Bible. The word canon means a "rod" --specifically, a rod with graduated marks used for measuring length. This word refers to the list of individual books that were eventually judged as authoritative and included as a part of the Old and New Testament.

- The Bible was written across a period of several centuries with the old testament originally being written in Hebrew and Aramaic and the new testament being written in Greek. **TGWG**

**Portions excerpted from Illustrated Dictionary of the Bible by Herbert Lockyer Sr. published by Thomas Nelson*

Learn the basics of the Bible and have fun reading it!



Terri Temple's
How to Study the Bible
Live Devo on CD w/Notes

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URGENT PARENTING 101

Good parenting is a God-given gift that not all of us have. Especially the ability to deal with many children and who are going through various phases of life. Yet we do not have to struggle alone. Here is sound advice on how to handle sticky situations with your children in urgent matters. This advice is based on general circumstances so discretion must be used in all instances.

Your child threatened to commit suicide. What should you do?

Never take threats of suicide lightly. Immediately seek professional help by calling a suicide prevention hot-line. Then speak to your child in private and try to reassure them if you can. Do not leave them alone by themselves until their threats have subsided. Your child is hurting emotionally. Enroll your child in self-esteem courses and buy them books on the subject. Get them help at all costs. Never give up on your child.

You just found out your child was viewing pornography. What should you do?

Speak to your child and find out how they got into porn. Search and remove the pornography materials from your home immediately. This may include computers and cell phones. Do not belittle your child yet place your child on temporary restriction and let them know the dangers of porn. Constantly monitor them and protect them from porn.

Your daughter is pregnant! What should you do?

Speak to your child in a private one-on-one setting. Put yourself in your child shoes. Do not criticize or name call. Listen and be compassionate. Your child is hurting. No it won't be easy yet you do well to accept the situation as it is for the wellbeing of your child and the baby. Immediately sign your child up to see a gynecologist. Take it one day and one step at a time. Do not be alarmed. It is not the end of the world. You all will get through this. You may want to encourage your child to use contraceptives, to prevent furter pregnancies, yet only if they cannot control themselves sexually. Seek family counseling.

Your son came home drunk. What should you do?

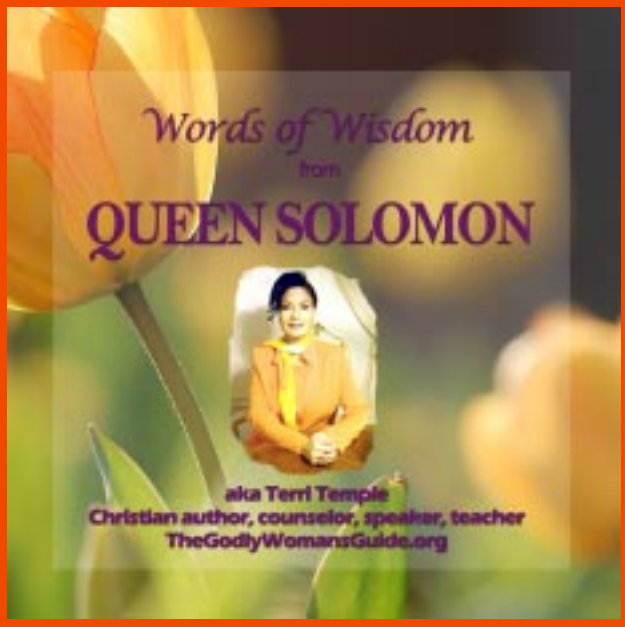
Speak to your child in private, one-on-one. Tell them you are concerned for their well-being. Monitor their friends and their behavior and protect them at all costs. Never drink or do drugs with your child to keep them from doing it on the streets. It may backfire with worse results. Try not to overreact. Make sure your child knows their God-given gifts and talents and enroll them in educational opportunities so that they can develop them. Help them find friends who are positive and who do not use drugs or alcohol.

In general, our children are not perfect but are human beings just like us. They need to know that they are loved as many children who engage in these activities, not always yet usually, have low self-esteem. So it is wise to build up their self worth while they are young and in elementary school. Praying for our children, taking them to church with us, and letting them know God loves them will reinforce their self-worth and values. This is due to the fact that having inner worth and high standards is generally what prevents these types of things from happening. **It is advisable to seek further family and professional counseling in all of these situations.**

Overall, when these things happen we are still valuable and loved by God and God will still be there for us. Our children, and us, need to be aware of this in all phases of life. (Rom. 5:8; Heb. 13:5)

One last note is that your child will grow up to be an adult one day. So you want to make sure that they have good memories while growing up so when they look back on their lives they will realize you were always there for them as good parents are and your bond will not be lost. **TGWG**

COMING SOON: Terri's New Book,



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BIBLE TRIVIA

TEST YOUR KNOWLEDGE OF GOD'S WORD

*"Study to shew thyself approved unto God, a workman that needeth not to be ashamed, rightly dividing the word of truth." (*2 Timothy 2:15)

THE TWENTY-THIRD PSALM

QUESTIONS

(NIV VERSION) FILL IN THE BLANKS

1) The Lord is my _____, I lack nothing. (Psalm 23:1)

2) He makes me like down in_____ pastures. (Psalm 23:2)

3) He guides me along the _____ paths for his name's sake. (Psalm 23:3)

4) Even though I walk through the darkest valley, I will fear no evil for your rod and your staff _____ me. (Psalm 23:4)

5) You prepare a _____ for me in the presence of my enemies. (Psalm 23:5)

6) You anoint my _____ with oil, my cup overflows. (Psalm 23:5)

7) Surely _____ and love will follow me all the days of my life. (Psalm 23:6)

8) and I will dwell in the house of the Lord _____ (Psalm 23:6)

ANSWERS

ZOOM IN TO SEE THE ANSWERS

1) The Lord is my **Shepherd,** I lack nothing. (Psalm 23:1)

2) He makes me like down in **green** pastures. (Psalm 23:2)

3) He guides me along the **right** paths for his name's sake. (Psalm 23:3)

4) Even though I walk through the darkest valley, I will fear no evil for your rod and your staff **comfort** me. (Psalm 23:4)

5) You prepare a **table** for me in the presence of my enemies. (Psalm 23:5)

6) You anoint my **head** with oil, my cup overflows. (Psalm 23:5)

7) Surely **goodness** and love will follow me all the days of my life. (Psalm 23:6)

8) and I will dwell in the house of the Lord **forever.** (Psalm 23:6)

GODLY WOMAN,

are you benefitting from all of our FREE services here at *The Godly Woman's Guide?*

The Godly Woman's Guide is a women's ministry created by Christian counselor, **Terri Temple**.

Free services offered includes:

- Bible-based counseling for women in need
- Women's conferences
- Magazine and newsletter for godly women and those who aspire to godliness
- Live devotionals and lessons from *The Godly Woman's Guide* TV show, prayer, and much more!

All of these services are donation supported, yet **FREE** to those in need through Terri's nonprofit, *The Godly Woman's Guide*.

To be encouraged and uplifted, you are welcome to follow Terri on-line on Facebook, Twitter, or on Youtube.

You may also contact her via email at territemple5@aol.com or call her directly at (702) 785-1884 for **FREE** Bible-based counseling. All info shared is held in strict confidence. She looks forward to hearing from you and being a blessing in your life. **TGWG**

MODEST APPAREL FOR GODLY WOMEN

Clothing Created to Help the Poor and Needy

Ladies, please show your apprection and support for this ministry and make a positive difference by helping us feed and care for starving children, widows, orphans, single mom's, etc. by purchasing these lovely dresses, hand-made in Kenya, Africa.

ON SALE 19.98/REGULAR 59.99

These dresses are ultra-feminine and flatter every shape. They make modest simple and are stylish paired with pants or a skirt or worn alone. Just pair with earrings and you're off! See more at territemple.org

SATINY, ROYAL-BLUE DRESS
You'll love the way this dress feels next to your skin in this ultra A-line tunic or dress. Easy 3/4-length sleeves. About 36". Polyester. Hand wash. Cool iron.

CHALLIS BELTS DRESS
Exude elegance in this ultra A-line tunic or dress. Easy 3/4-length sleeves. About 36". Rayon. Hand wash only. Line dry.

These tunics can be worn as tops or dresses. They are available on our web site, tax free. By purchasing them you will be a huge blessing and support to our sister ministry *Jesus' Feet* whose mission is to feed, and clothe needy widows and orphans throughout the world and in the church.

POWDER PINK TUNIC
Feminity flourishes in this ultra A-line tunic or dress. Easy 3/4-length sleeves. About 36". Rayon. Hand wash only. Line dry. Cool iron.

PURPLE FLOWER TUNIC
Look ultra gorgeous in this ultra A-line tunic or dress. Easy 3/4-length sleeves. About 36". Rayon. Hand wash only. Line dry. Cool iron.

SATINY POWDER BLUE TUNIC
Look ultra gorgeous in this ultra A-line tunic or dress. Easy 3/4-length sleeves. About 36". Rayon. Hand wash only. Line dry.

Order at territemple.org

Hear Terri Speak Live in New York

Terri will be the Keynote Speaker at the Patchougue church of Christ Ladies Day in Long Island, New York on Saturday, August 18th.

THEME:
Called to be Holy
BREAKFAST:
9:00a.m.
PROGRAM:
10:00a.m. til 1:00 p.m

Register online at patchoguechurchofchrist.org or RSVP to Zuleen Stallworth at curlyzu4jc@gmail.com or call (785) 375-6905

LETTING GO AND LETTING GOD

"Cast all your cares on the Lord for He cares for you." (1 Peter 5:7)

Over the years as a Christian counselor to women, I have noticed that many of us have a hard time *letting go and letting God* and we are not alone. It is human nature. Yet not being able to let go and let God can lead to many unpleasant consequences in our lives.

These consequences may range from worry and fear to anxiety and panic attacks. I personally have had my share of both. But through the years of toil and woe I have finally learned how to let go.

One time in particular that brought much stress to my life was when my son was growing up and in his teen years. I allowed him to stress me out so much that I suffered from panic attacks. This was due to fear of his actions leading him to incarceration or death. And he being my only child did not help matters much.

Yet one day after being sick and tired of being sick and tired I decided to turn it over to God. Once I did I was shocked how easy it was. Because you see it really is a choice and suffering simply makes the choice easier to make. It always does. However, we do not have to suffer to be ableto let go and let God and it is not pleasureable to say the least. So one excellent way I have discovered that is helpful to being able to let go and let God is to practice meditation. Meditation helps us to control or train our thoughts as many who are unable to *let go and let God* may have a hard time with thought control.

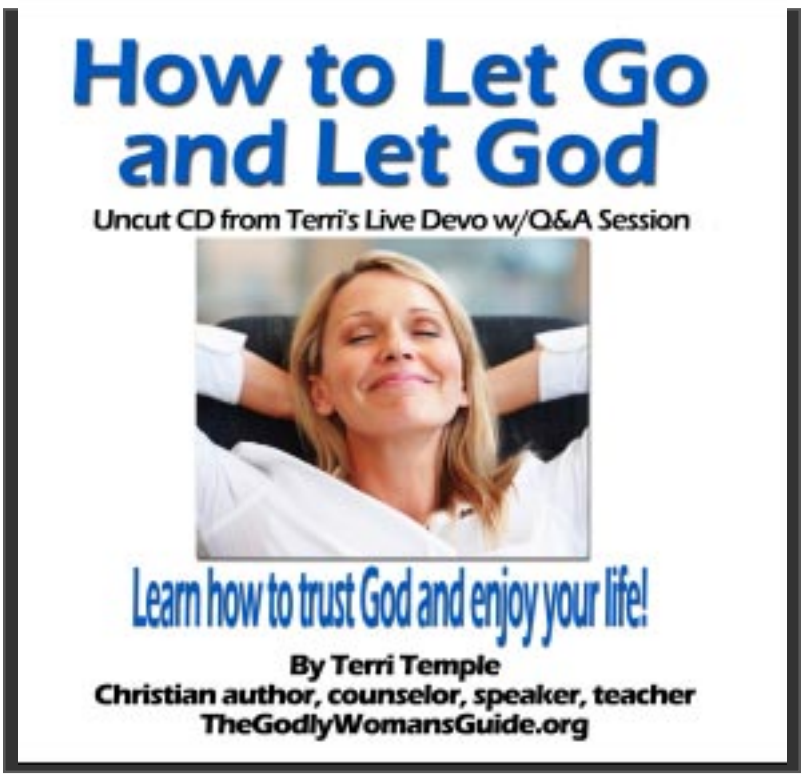
Those who are the personality type, perfect melancholies *(*the thinkers) usually have a hard time shutting their brains off especially at bedtime. So they may really have a harder time *letting go and letting God.* Therefore practicing meditation can be a real benefit.

My popular ebook *The Godly Woman's Guide to Daily Affirmation's* can help reinforce positive thought control in your life. You also may want to invest in a meditation DVD. I have one and use it regularly. It really helps to relieve the stress that comes from not being able to let go.

If you would like more tips and insight on how to *let go and let God*, I sincerely encourage you to get a copy of my CD titled: *How to Let Go and Let God.* It includes indepth tips on how to let go and let God and is available on my web site. **TGWG**

Do You Know How To Let Go and Let God?

Not everyone does because it's human nature. I didn't for most of my life and was very stressed and unhappy. But God showed me how to trust him. So I share with you in this study how I finally learned how to *let go and let God.* When you listen to this CD you too will begin to enjoy your life more and be free from the ties that bind.



Ladies, order your copy today at TerriTemple.org
You'll be glad you did!

SPIRITUAL MATURITY

WALKING OUR TALK

By Dr. Wyveta Kirk

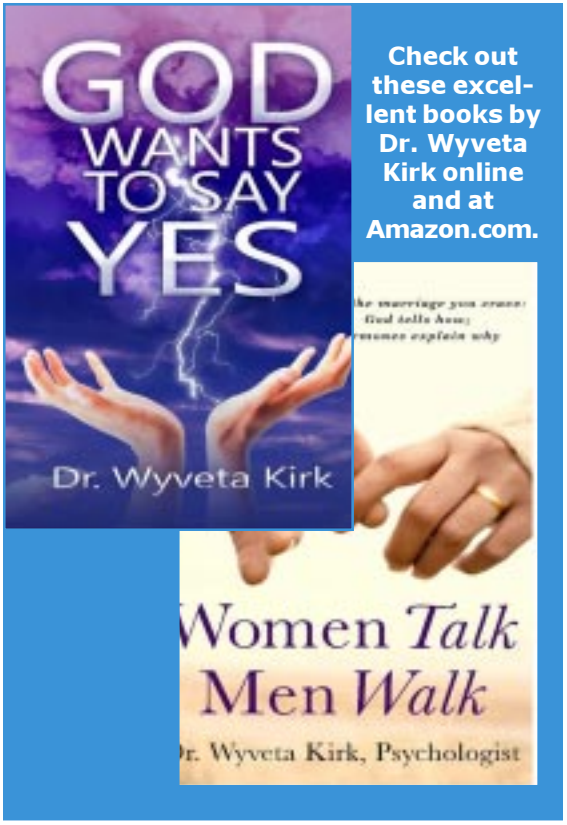
Have you ever heard that if the Bible gives an example we do it, and if there is no example then we don't. The message was often worded, "We speak where the Bible speaks and are silent where the Bible is silent." Regardless of the wording, the intent was the same: If it's in the Bible we are going to do it. However, in all my many years of attending worship services, there is a Scriptural example that I have never seen practiced at any congregation. It relates to the story that we call the Prodigal Son.

If the father in this story represents our Heavenly Father and the prodigal son a Christian who strays from the Lord and returns, then those of us within the church are to respond to prodigals as the father did. I suggest that we fall short in this area. Examine how the father greeted his returning son. First, the father saw the son afar because he was anxiously watching for his son's return. He wanted his son to come home. He had not chased after his son.

He didn't send a servant to bring him home. Nor did He write his son, begging him to return. He simply waited. In his heart, the father never gave up hoping. How do we know? Because when the son was still a ways off, the father ran to meet him. The father was so excited to see his son that he couldn't wait for the son to arrive. He raced to meet him.

The father's rushing to greet his son showed the son how glad his father was to have him home. The father didn't scold the son. He didn't remind him of what bad choices he had made. He could have. After all, the son made numerous sinful choices. The father had not wanted his son to leave home. It was the son's own decision. The father could have called his names, threaten him, or ask how he could expect to be accepted back. But the father didn't.

Instead, the father kissed and hugged his long, lost son. The son was dirty, ragged, and stunk. He smelled like the pig pen where he had been living, but the father didn't care. The only thing that mattered was that his son wanted to change. His son's heart was broken, and his attitude was that he deserved nothing. The son was willing to work as a servant; he was fully aware that he deserved nothing more.



Yet, the father would not accept such an idea. The father replaced his son's worn, filthy clothes with fine garments and jewelry. If the son ever doubted if his father loved him, he would now know for certain how deeply his father loved him. The son admitted that he didn't deserve such treatment, but the father's love covered and hid his son's multitude of sins.

That's how God treats us when we repent. Before we can utter aloud the words of our wrongs and a desire to change, God races to meet us. He forgives completely.

God throws a party in heaven rejoicing over our return to Him. He demonstrates how happy He is over our changed heart. The celebration God hosts proves that He is more delighted over our decision than over 99 others who have no need to repent. Jesus understands how difficult returning and changing is for us. He understands humbling experiences. He realizes how broken our heart is, and He stands ready to mend all our rough edges.

Yet, how differently we Christians often respond to such a prodigal. We sit wondering if he is genuinely repentant and question if he will again return to his pig pen. We gossip about his prior behavior and wait for him to prove that he has changed before we accept him as 'one of us.' Let's change this! Let me challenge you to accept responsibility to organize a potluck [or some type of celebration] to celebrate when the next prodigal returns to the Lord.

Wyveta Kirk *is a Christian psychologist, speaker and the author of several books including Women Talk, Men Walk and God Want's to Say Yes. Wyveta worships at the Northside church of Christ in Benton, Arkansas. She is married with three adult children and four grandchildren.* ***She may be contacted at wyvetakirk@ymail.com***

10 SUPERPOWER THOUGHTS THAT WILL CAUSE YOU TO EXCEL!

1) God will do what needs to be done. I only need to remain faithful and go forward in faith. (Mk 12:24; Phil. 2:13; Rev. 2:10)

2) Jesus is my rock and will deliver me. (Rom. 9:33; 2 Thess. 3:3)

3) I have God and Jesus in my life. Nothing is more important. (Matt. 6:33)

4) I don't have to fret. The Lord will fulfill his purpose for me. (1 Cor. 1:21-22; Phil 2:13)

5) I am a strong Christian woman and will act like it. (Prov. 31; 2 Tim. 1:7)

6) God will establish me and keep me. (2 Thess. 3:3)

7) I don't have to be upset. I can trust God who will help me and fix everything. (1 Pe. 5:7; Jas. 5:16)

8) Things could be worse so I will count my blessings. (Rom. 8:18)

9) I am not alone. God is helping me. (Jas. 5:16; 1 Jn. 3:24, 4:12-16)

10) I have nothing to fear. God has been taking care of me my whole life and will continue. (Matt. 6:33; 1 Jn. 4:13)

Ladies, when you recite these words out-loud your spirit will soar and so will your life. By the way, there are more power thoughts like these in my book, *The Godly Woman's Guide to Daily Affirmation's* at TerriTemple.org. **TGWG**

HOW TO PRAY FOR OTHERS

- Ask God to help them know what he wants them to do.
- Ask God to give them deep spiritual understanding.
- Ask God to help them live for him and to give them more knowledge of himself.
- Ask God to give them strength and endurance.
- Ask God to fill them with joy, strength, and thankfulness.
- Be thankful for their faith and changed lives.

"The prayer of the righteous availeth much" (James 5:16)

~Excerpted from the LASB

"Thank you for this beautiful book! You need to share it with the world!" ~Mayola

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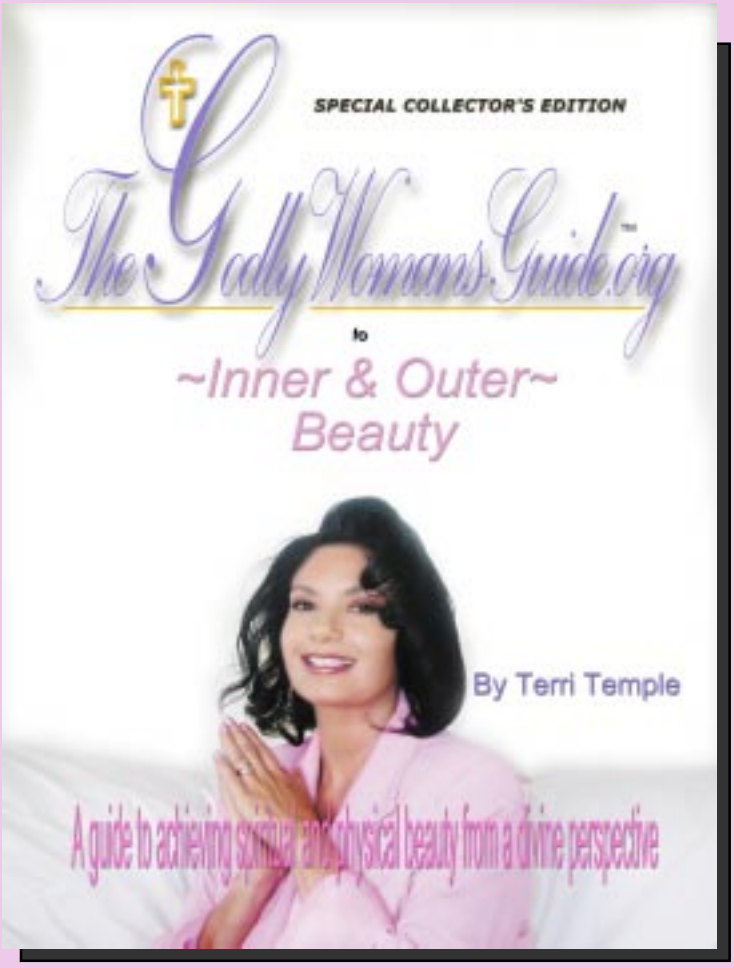


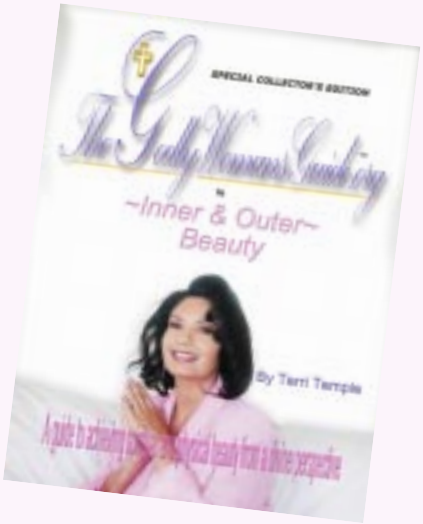
Due to popular demand of *The Godly Woman's Guide to Inner & Outer Beauty,* Terri will be continuing her public reading of it. If you would like to participate or want more information please visit her web site or join her group Terri Temple on Facebook.

Signed copies @ www.territemple.org

Create An Awesome Ladies Day

Invite Terri as Your Guest Speaker!

"That they may teach the young women to be sober, to love their husbands, to love their children, to be discreet, chaste, keepers at home, good, obedient to their own husbands." (Titus 2:4-8 KJV)



An excellent study guide for your ladies Bible class, *The Godly Woman's Guide to Inner & Outer Beauty.* Published by Xulon Press 2013.

"This book is so godly I keep it on my coffee table". **~Marti**

You are welcome to learn more about Terri at territemple.org. Email her at territemple5@aol.com, send a text message or call (702) 785-1884 to speak to her directly.

QUICK FACTS ABOUT TERRI:

- Award-winning publisher, Christian counselor, magazine editor, speaker, author, TV show host, business owner, producer, Bible-class teacher.

TERRI'S BEEN HONORED AS:

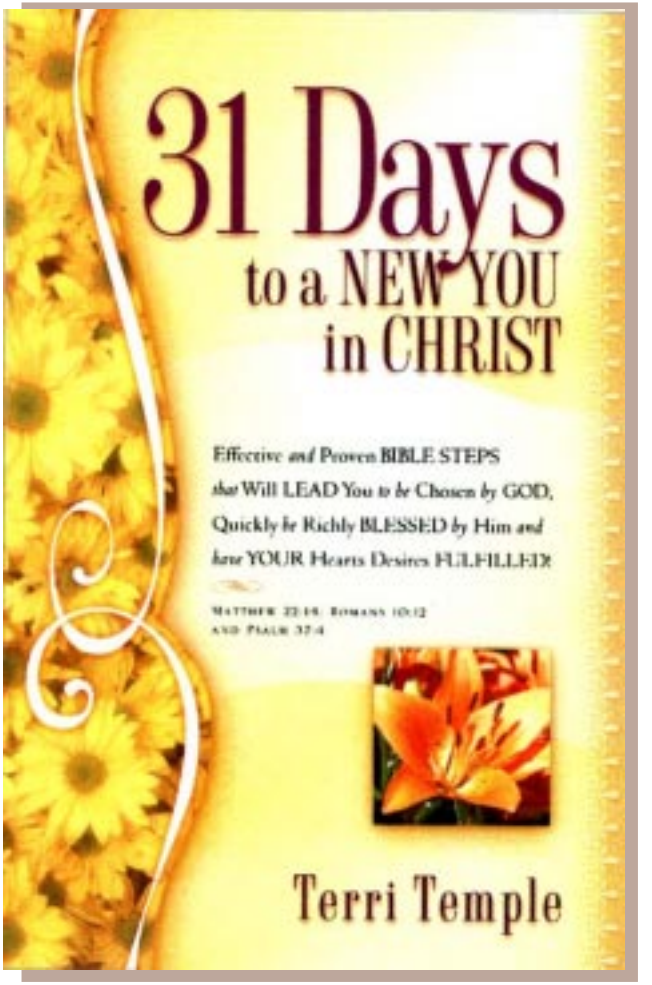
- 2002 Women of Great Vision
- 2001 Pioneer of Nevada
- 2000 Micro-Business Honoree
- Congressional Certificate of Congratulations
- President of *The Godly Woman's Guide,* a women's ministry Terri founded in 2010
- Founder of *Jesus' Feet* that serves the poor and needy
- Church of Christ member over 30 years
- Married 36 years to a preacher in the Lord's church

BENEFITS OF HAVING TERRI SPEAK AT YOUR NEXT EVENT:

- College/Bible educated, devout Christian, sound in the faith.
- Excellent role model for all women.
- Absolutely free. No charge.
- Friendly, flexible, and easy to please.
- Full of zeal and energy, yet gentle and kind.
- Many free gifts to give away including books, CD's/DVD's.
- Guaranteed to uplift and empower your guests and leave them wanting more.

Terri's #1 Best Seller:

What Does it Mean to Be a Genuine Christian, Favored by God?



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POEMS & POETRY

God Calls

By Terri Temple

God calls us all, uses us all and loves us all including:

The short

The tall

The skinny

The fat

The dark

The light

The brown

The white

The sinner

The saint

The humble

The proud

The loud

The wild

The weak

The strong

Hallelujah to God we all belong!

"And everyone who call on the name of the Lord will be saved." (Acts 2:21;39 NIV)

More Resources for Godly Women

See more on-line @TerriTemple.org

The 33rd Annual Churches of Christ 2018 Ladies Lectureship Retreat When the Saints Go Marching in NOLA

SNAPSHOTS

Ladies (nearly 2,000 attended) enjoying the Pep Rally portion of the four day retreat.

The Godly Woman's Guide first time vendor table at the event.

Missionary, Cydney Tucker, holding a umbrella in the event's theme colors.

AZ Prayer Line Moderator Pam Parker and Elsie Gilliam, Retreat Chair.

Gospel recording artist Tiffany Malone with Terri Temple.

Some of the ladies from the Southside CoC in Seattle, WA who participated in the Pep Rally at the lectureship, that was held in New Orleans, Louisiana.

CoC member and supporter of *The Godly Woman's Guide* women's ministry, Lalita Crenshaw with Terri Temple.

Snapshot from the Hilton Riverside Hotel where the lectureship was held. **Learn more about the retreat at ladieslectureshipretreat.org.**

Partner with us as we Partner with God in Serving the Most Needy

JESUS FEET

A Ministry of TheGodlyWomansGuide.org

Support and donate to Jesus' Feet
(a sister ministry of The Godly Woman's Guide)
and help us make a positive difference in the world,
one project at a time.

Our current project is taking place in **Haiti** helping to feed and clothe orphans and widows (and the church) who desperately need our help.
Please go to our web site to make a much needed donation.
Thank you, Terri Temple, The Godly Woman's Guide
www.territemple.org

Children at a feeding station and an overcrowded hospital (r).
Many children in Haiti die of starvation and there is no government assistance to help.
We are their hope by being God's hands and Jesus' feet to show them love and care.